

Barbara Stroud, Ph.D., is a licensed psychologist, trainer, and consultant with over two decades worth of culturally informed clinical practice and training in the early childhood development and mental health arenas. She is a national ZERO TO THREE Graduate Fellow and holds prestigious endorsements as an Infant and Family Mental Health Specialist/Reflective Practice Facilitator Mentor with the California Center for Infant-Family and Early Childhood Mental Health. Embedded in all of her trainings, clinical service models, and consultations are the practices of reflective supervision and sensitivity to cultural uniqueness. In 2012, Dr. Stroud published the book *“How to Measure a Relationship”*, which is improving infant mental health practices around the country. Her newest text *“Intentional Living: finding the inner peace to create successful relationships”* walks the reader through a deeper understanding of how their brain influences relationships. Both volumes are currently available on Amazon. Additionally, Dr Stroud is a contributing author to the text *“Infant and early childhood mental health: Core concepts and clinical practice”* edited by Kristie Brandt, Bruce Perry, Steve Seligman, & Ed Tronick.

Dr. Stroud received her Ph.D. in Applied Developmental Psychology from Nova Southeastern University, and she has worked largely with severely emotional disturbed children in urban communities. Dr. Stroud’s professional career path spans classroom based, community oriented, and legislative systems of care. She is highly regarded and has been a key player in the inception and implementation of cutting edge service delivery to children 0-5 and their families; her innovative approaches have won national awards. More specifically, Dr. Stroud is a former preschool director at Northridge Preschool, a non-public school administrator, and director of early intervention services at the Los Angeles Child Guidance Clinic in South Central Los Angeles. In addition, Dr. Stroud was the community training program manager for The Child Development Institute in Woodland Hills, CA and held faculty ranking at the graduate level with California State University Long Beach. Presently, Dr. Stroud is among the distinguished faculty at the University of California Davis Extension Infant-Parent Mental Health Fellowship.

Dr. Stroud works closely with professionals across multiple disciplines and, annually, she trains up to 2,000 providers that touch the lives of children and families. She regularly conducts training for those in mental health, early intervention (Part C), Head Start and Early Head Start, Child Protective Services (CPS), and dependency court, primary care, as well as individual caregivers. As Dr. Stroud is particularly passionate about the unique needs of children of color in the mental health and foster care systems, she has continually worked to infuse reflective and culturally mindful course of action in developing service programs that support the goals of a relationship-based framework within the context of a government contracted organization.

To learn more about Dr. Barbara Stroud to arrange a consultation or training, visit www.DrBarbaraStroud.com.