

# Wisconsin Child Psychiatry Consultation Program (CPCP)

## Why does Wisconsin Need a Child Psychiatry Consultation Program?

Child psychiatry has been identified as the greatest specialty need in medicine since the 1990s. This shortage is felt particularly strongly in Wisconsin, which only has about 70 practicing child psychiatrists statewide. In response to this significant shortage, Wisconsin created ACT 127 appropriating funding for a Child Psychiatry Consultation Program (CPCP). The Medical College of Wisconsin (MCW) applied through an RFA process and received funds from the Department of Health Services (DHS) to develop and implement the CPCP. Through collaborative effort, MCW, with support from Children's Hospital of Wisconsin, launched a pilot in the Northern DHS Region and Milwaukee County in December of 2014.

## Who can Enroll?

While it is eventually the goal of the program to expand coverage to all areas of the state, the CPCP is currently available to primary care providers practicing within 15 northern counties, Milwaukee County, and three counties in the Southeast Region (see other side for exact locations). Prospective providers must enroll with the CPCP in their area. The process is simple and takes very little time. Primary care providers must complete an enrollment form. Enrollment includes acknowledgment that the CPCP is not to be used for mental health emergencies, for direct care, or for long-term care of moderate to severe mental health problems. Access to CPCP services is restricted to enrolled providers. Learn more on how to enroll at: [www.chw.org/CPCP](http://www.chw.org/CPCP)

## What is the CPCP in Wisconsin?

The Child Psychiatry Consultation Program (CPCP) is for primary care providers in the pilot regions, who care for pediatric patients with mild-to-moderate mental health concerns. The program offers providers phone or email access to expert psychiatric consultation services. *It is important to note: the Wisconsin CPCP is not designed to provide direct psychiatric care to children and adolescents.*

## How Does Wisconsin CPCP Work?

The CPCP child psychiatrists, psychologists, and intake coordinators are available by phone **Monday through Friday, 8 AM to 5 PM** to answer questions and provide child psychiatric consultation to primary care clinicians regarding issues such as diagnosis, psychotropic medication management, and community resources or referral support. Enrolled providers can **call or send questions** through a dedicated email address and expect to **receive a response within 30 minutes** for phone calls and a same day response for emails. Enrolled providers have access to educational sessions online and in person regarding assessment and treatment, including psychopharmacology.

# CPCP

## What are the potential benefits of the CPCP in Wisconsin?

The goal of CPCP is to increase Primary Care Provider capacity to support the behavioral needs of children and their families in their care by:

- Supporting primary care clinicians and assisting in the diagnosis and management of children and adolescents with mild to moderate mental health problems
- Providing and ensuring a referral support system for these pediatric patients to other mental health professionals and community resources as identified and needed
- Providing consultation regarding diagnosis and treatment options
- Providing education and training in mental health issues for primary care providers

